

Date in 2017	Time	Fee (Before HST)	Fee (After HST)	Event
Fri February 17	7:00 pm to 10 pm	\$48.67	\$55.00	Tarot Basics Workshop
Sat February 25	~ 30-min sessions ~	\$30.00	\$33.90	Emotion Code Sessions – SOLD OUT!
Sun February 26	9:30 am – 11:30 am	\$48.67	\$55.00	Master Intuitive Workshops – Module 1
Fri March 3	7:00 pm – 9:00 pm	\$30.97	\$35.00	Know Your Strengths in Your Birth Chart
Sun March 19	~ 30-min sessions ~	\$30.00	\$33.90	Iridology & Foot Reflexology Sessions
Sun March 26	10:00 am to 6:00 pm	\$230.00	\$259.90	Level I Reiki
Sun April 2	9:30 am – 2:30 pm	\$98.23	\$111.00	Master Intuitive Workshops – Module 2 (details to be announced soon)
Sun April 23	10:00 am to 6:00 pm	\$290.00	\$327.70	Level II Reiki
Sun May 7	9:30 am – 2:30 pm	\$98.23	\$111.00	Master Intuitive Workshops – Module 3 (Certification Level) (details to be announced soon)
Sun May 28	9:00 am to 6:00 pm	\$520.00	\$587.60	Level III Reiki (Masters Certification)
Sun June 17	9:30 am – 2:30 pm	\$199.12	\$225.00	Mediumship (details to be announced soon) Prerequisite: Master Intuitive Certificate
Sun June 25	9:30 am – 2:30 pm	\$199.12	\$225.00	Remote Viewing (details to be announced soon) Prerequisite: Master Intuitive Certificate

Event Descriptions Appear Below

REGISTRATION DEADLINE: 3 days before event date.

EVENT LOCATION: All Events held at our Hooked on Holistics store. 147 Highway 8 (northwest corner of Highway 8 & Gray Rd), Stoney Creek ON L8G 1C1; Tel: 905 930 9799.

REGISTRATION OPTIONS:

For free meditation: just email us that you'll be attending one day ahead: info@hookedonholistics.com

For fee-based events, at least three days ahead of the event date:

- 1. Send us an Interac email transfer to info@hookedonholistics.com and a separate email to the same address with the security answer.**
- 2. Pay by PayPal.**
- 3. Drop by our store and pay by cash, debit, Visa or Mastercard.**

GUIDED GROUP MEDITATION with a focus on CREATIVITY

Of course the world always looks the same way when we always look at it the same way, a way shaped by conditioning and life experience. Release the noise in your mind and experience the fire of creativity. Re-condition your right hemisphere energy to foster lateral thinking. Re-condition your left hemisphere energy to brighten your sense of logic and help evaluate the new ideas that your right hemisphere is now generating. With both hemispheres of the brain energetically balanced, you should experience enhanced creativity that will help you generate both ideas and solutions to all kinds of issues. Meditation has many benefits and this is just one of them. Come out and give it a try. It's free. A nominal donation optional only.

TAROT BASICS

Nen will introduce you to the Tarot with a view to getting you to conduct readings right away. After introducing you to the Major and Minor Arcana of the deck, you will have an opportunity to practice on other participants using various card spreads. This will be fun and insightful. Fee includes Nen's typed handouts and a boxed set of Tarot Basics. A discount is not available if you wish to use your own deck, and you are welcome to bring it if you wish. We benefit from everyone practicing with the same deck for the purpose of the workshop. Light snacking refreshments will also be served. This class will prepare you for the real piece de resistance workshop: Advanced Tarot.

FIND YOUR STRENGTHS IN YOUR BIRTH CHART (Astrology Workshop)

Let Nen guide you through the success indicators in your personal birth chart. What are your gifts? What are your strengths? In which areas should you focus to become most successful? We will run a computerized printout of your birth chart and help you identify these areas. We will look at your fixed stars, asteroids, vertex anti-vertex, and Jupiter. Nobody else offers this workshop. Maximize your potential by coming out to this workshop. Nominal knowledge of astrology would be helpful but not required.

IRIDOLOGY & REFLEXOLOGY SESSIONS

Iridology is a technique by which characteristics of the iris of the eye are examined to provide information about the state of health and any issues of imbalance that may exist. Foot Reflexology involves points on the feet that are energetically connected to every part of the body and once pressure is applied to those points, the body can be brought into balance, pain can be alleviated and other benefits actualized. Nutritional counselling is part of both sessions. Choose your modality then let Sonia's skills propel you toward optimizing your health, or just gaining knowledge of what could use tweaking to ensure that you are living in a balance state. Sonia is a skilled certified healer with a soothing demeanour, so take advantage of this event!! She is also a registered nutritionist so, you can look into your health insurance policy as it may be provide coverage for the cost of your session.

MASTER INTUITIVE WORKSHOP – Module 1

In this workshop, Nen will facilitate your first steps toward building the capacity for experiencing energy in other realms. This is an important skill for those who wish to become a medium or a remote viewer or if you wish to step up intuitive input during energy healing sessions. The ability to engage in and fully experience energy of other dimensions is not developed overnight, so a three-part workshop has been devised. A MASTER INTUITIVE certificate for anyone completing all three modules.

The module dates are (details to be announced):

Module 1: Sun February 26

Module 2: Sun April 2

Module 3: Sun May 7

This workshop series is a prerequisite for enrolment in more advanced upcoming workshops:

Mediumship: Sun June 17 (details to be announced)

Remote Viewing: Sun June 25 (details to be announced)

In Module 1, you will learn to quiet the ego, open the heart, trust energetic impressions received, and tune into the intuitive information stream available to each of us. The workshop will thus begin by going within with a chakra clearing and deep meditation using lotus and champaka essential oils (both rare and expensive finds, so this is a special treat!). Through our soul cluster, we will attune to a higher universal frequency that will align us with the colour spectrum and create a platform of sensation. You will learn how to interpret these energetic impressions both in the mind's eye and in the aura of co-participants. You will be given a CD with guided exercises to take home and perform until the next workshop module so that you can optimize your learning experience. PLEASE NOTE: No essential oils, perfumes or colognes can be worn during this workshop because we will engage in exercises that allow us to sense the energies of others in the workshop without olfactory clues.

REIKI CERTIFICATION WORKSHOPS

Reiki is a beautiful healing energy technique which works through the channelling of energy by means of touch and energy symbols which then promote the individual's own sense of resilience and assist in restoring spiritual, physical and emotional well-being. This Usui Reiki Workshop series includes materials, a light lunch and completion certificates will be provided as part of the fee, as well as a free gift bag from Hooked on Holistics. Debra is a Reiki Master, energy translator, meditation facilitator, spirit messenger, and writer. The facilitator, Master Debra Harding, attended the Siddha Yoga Ashram in the New York Catskill Mountains, and has been teaching Intuitive Reiki for 12 years. She is a gifted teacher and I am honoured to have her teach these three workshops.

PLEASE SHARE THIS INFORMATION AND INVITE A FRIEND TO ENROL, TOO. CHECK OUR FACEBOOK FOR UPDATES.

Hooked on Holistics is approaching its fifth anniversary and we are still doing the work that needs to be done. Thank you for supporting our events, for shopping with us, and for helping us expand our holistic community.