

Readings with Nen

April 21

12 pm – 5 pm

Choose Turkish Coffee Cup Readings, Astrology or Cards

Crystal Healing Workshop Series - Module 1

April 22

9 am – 12 pm

Nikola Tesla said, "In crystal we have pure evidence of the existence of a formative life principle, and although in spite of everything we cannot understand the life of crystals - it is still a living being." He also taught that "crystals are living beings at the beginning of creation" and "all things have a frequency and a vibration". He was right about all of it! Maintain an open mind and an open heart and you can open the door to the energetic healing resonance of crystals through frequency and vibration of the mineral kingdom. Crystals are effective healing tools! We have many testimonials!

Workshop topics include chakra clearing, setting up a crystal healing matrix, methods for clearing dark forces and energy knots, cutting cords, and much more. Each module builds on the previous, with the ultimate goal being the selection and application of crystals to create energy shifts that will facilitate healing and restoring balance. Of course, we will start with some basic principles, introduce the various families of crystals, build grids, and conduct a healing session from start to finish. A crystal kit will come with this module. You will also have a hands-on opportunity to experience the energy of various crystals discussed because we have over 500 species! Experiencing is believing and utilizing the energetic forces of the mineral kingdom is uplifting and empowering. You will be hooked on crystals when you learn how to use them effectively. This workshop consists of three modules lasting three hours each, each @ \$66.99 plus hst. Registration ends April 18th or when the workshop space is full, whichever comes first.

To register, send an interac email transfer for \$66.99 plus hst to our email. Send us a separate email with the security answer. Our email is info@hookedonholistics.com. You may also register in store. Pay for all three modules up front and receive a \$15 discount.

Angel Tarot Workshop

April 27

7 pm – 10 pm

Join Andie for an amazing exploration of Jayne Wallace's Angel Tarot deck. This beautiful deck is full of divine energies that give the traditional tarot a heavenly makeover. Andie will walk you through the major arcana, minor arcana, a number of useful tips and spreads for question answering and general illumination. No experience required.

This workshop includes the deck and three hours of instruction and hands-on practice. Light refreshments will be on hand. Advance registration is required. The fee is \$95.00 plus hst. Register in store or via email. Email us to register and we will send you instructions for the email transfer. Our email is info@hookedonholistics.com. Register no later than April 20th.

Archangel Workshop

April 28

9 am – 12 pm

Archangels are the subject of this workshop. Andie has created a program to introduce you to the complex and divine nature of the Archangels. She will use the Archangels Inspiration Deck, a beautiful gold-gilded deck of modern imagery. You will learn how to work with the Archangels, how to invoke their presence and their unique gifts to humanity and each individual that calls upon them. You will work with colours, scent and crystals.

Included in this workshop fee is the three-hour workshop, the Archangels Inspiration Cards oracle deck by Adriano Buldrini, candles and incense corresponding to the archangels, plus a spiral bound Archangel manual. You keep all these tools you use during this workshop. In addition, you will take home an Angel Caller Pendant.

\$133.99 plus hst. Register by April 23rd by paying in store or by interac email transfer. Email us and we will give you instructions for the email transfer. Our email is: info@hookedonholistics.com. However, call us at 905-930-9799 or email us to secure seat before you make your payment, or just come to the store and do it all at once.

Master Intuitive Workshop Series – Module 1

April 29

9 am – 12 pm

Confusion, poor decision-making and helplessness are complaints uttered frequently in this busy, distracted and convoluted society that gives us more but requires more restrictions to be manageable. This makes it important to enhance our intuition, learn to discern, and develop powerful skills that assist us in healing, problem solving and adept survival in this fast changing world. Failure comes as a result of hanging onto old ways of doing things. It is time for a new approach. When you combine intelligence and intuition, you have a winning combination for a successful life.

Some may wish to go further and develop mediumship, energy healing or divination skills after this workshop series concludes, but most will just relish this workshop to start relying on their instincts, receiving intuitive messages from their higher selves, and seeking guidance from evolved souls. This workshop will help you develop invaluable skills. Learn to meditate properly. Learn to sense energy patterns and attain someone's energy signature. Learn to read auras. Learn to connect with your higher self, spiritual guides, masters and the angelic realm. Become a master intuitive and live more insightfully, intuitively and powerfully in this increasingly complex world.

3 modules each @ \$66.99 plus hst. Pay for all three up front and receive a \$15 discount. If you cannot come into the store to book, we will accept interac email transfers. Email us at info@hookedonholistics.com to reserve your spot and for payment details. Please note that workshop dates for modules 2 and 3 will be determined in class by participants to ensure that mutually available dates are chosen. Also, no perfumes or natural perfumes or essential oils to be worn because they will interfere with our exercises. Success in this workshop requires that you find the time to perform daily meditation and work on other exercises between modules. The more committed you are, the better the results. When you complete the workshop series, you will receive a Master Intuitive Certificate.

Registration ends April 27th or when class is full.

Lenormand Workshop

May 4

7 pm – 10 pm

Using the Expanded Lenormand Guided Reverie Deck, we will explore just what all the fuss was about when Madame Lenormand did a card reading for Napoleon Bonaparte back in France in the 1800s. The Lenormand cards are a mixture of regular playing cards and vivid pictorial images that provide fulsome detail and accurate answers. Nen will teach you how to read the Lenormand. Once you learn the techniques by understanding the images and card values, you will be able to read any Lenormand deck include the Pagan Lenormand, the Egyptian Lenormand, The Fairy Lenormand, and others.

\$88.99 plus hst, which includes the deck, and lots of handouts to serve as cheat sheets for playing card meanings and layouts. Register by April 30th by paying in store or by interac email transfer. Email us and we will give you instructions for the email transfer. Our email is: info@hookedonholistics.com. However, call us at 905-930-9799 or email us to secure seat before you make your payment, or just come to the store and do it all at once.

Numerology, Destiny & Karma Workshop

May 5

9 am – 12 pm

Our universe is an incredibly organized place. The crux of our personalities, destinies and even how we exercise our free will is based in a sophisticated web of mathematics which includes everything from simple numbers to geometry to complex calculations. It is intricately and intimately linked with astrology.

You are born on a certain date and with a certain name which maps your challenges, gifts and life goals. Numerology unlocks the code of your life so you can learn from the past, understand it and heal it in the present, and then grow into the highest version of our truest selves. Discover the patterns that continuously show up in your life, explore and understand their meaning, so you can feel free and empowered to create the life you were meant to live. Simply put, it is useful for us to know at least the basics of numerology which provides invaluable insight into our lives

Workshop fee: \$66.99 plus hst. If you cannot come into the store to book, we will accept interac email transfers. Email us at info@hookedonholistics.com to reserve your spot and for payment details. Email us your birthdate and full birth name, so we can prepare your chart in advance of the session. When you complete the workshop series, you will receive a certificate of completion.

Workshop Date: Saturday, May 5, 2018, 9 a.m. to noon. Registration ends April 30 or when class is full, whichever happens first.

Readings with Nen

May 5

12 pm – 5 pm

Choose Turkish Coffee Cup Readings, Astrology or Cards

Iridology

May 6

12 pm – 5 pm

Your eyes hold intricate clues to your health and nutritional needs. Join iridologist, Sonia, for a 30-minute session in iridology. Eye to eye, you will be impressed with what your eyes say about your and your nutritional needs. Sonia is also a registered nutritionist and has been back at Hooked on Holistics on many occasions to provide this very valuable service. You will love having your eyes read!

\$45 plus hst. Register by May 4th by paying in store or by interac email transfer. Email us and we will give you instructions for the email transfer. Our email is: info@hookedonholistics.com. However, call us at 905-930-9799 to secure your time slot first.

Indian Head Massage Sessions

May 12

12 pm – 5 pm

Indian head massage is an ancient therapeutic treatment that has been practiced in India for thousands of years. It is a deep massage that focuses on your head, neck and shoulders using various strokes on the scalp, deep tissue work on your shoulders, and stretching the neck. This is an optimal de-stressor and Mina is a delightful practitioner that will make your session relaxing and enjoyable. You can opt

for essential oils to be applied to your scalp at no extra cost to enjoy the wonderful affects of scent while you chill out.

Choose a 15-minute session for \$15 plus hst or double it up for a full session of bliss. This is the day before Mother's Day and makes a perfect gift for any mom. Register by May 9th by paying in store or by interac email transfer. Email us and we will give you instructions for the email transfer. Our email is: info@hookedonholistics.com. However, call us at 905-930-9799 to secure your time slot first.

Native Flute Chakra Healing

May 16

7 pm – 9 pm

Join Anthony Barr and the Sacred Sevens for an evening of healing and inspiration. In this time of global awakening, re-discovery of sacred geometry, sound and vibrational healing, you will embark upon a personal journey of healing, release, cleansing and recharging the seven major chakras using the magic of SEVENS ⑦. We will smudge, say a 7 Directions Prayer and then travel with Source-inspired music of 7 different Native Canadian flutes in 7 different musical keys. We will work with 7 emotional blocks and vibrationally change them into 7 power-loaded positive vibrations that will help you heal, manifest, and awaken to the path of your highest potential. We will relax, reconnect with the Source, meditate, listen, share the insights and messages, and then increase the energies even more with drumming and 7 ancient Native American healing songs, crystals and candles.

\$25 plus hst. Register by May 7th by paying in store or by interac email transfer. Email us and we will give you instructions for the email transfer. Our email is: info@hookedonholistics.com. However, call us at 905-930-9799 or email us to secure seat before you make your payment, or just come to the store and do it all at once.

Readings with Nen

May 26

12 pm – 5 pm

Choose Turkish Coffee Cup Readings, Astrology or Cards

Native Flute Workshop Series
May 27; June 3; June 10
10 am – 12 pm

With Anthony Barr, Spiritual Teacher, Sacred Sevens Facilitator, Musician

3-Week Series: \$111.00 plus hst OR Drop In per Workshop: \$40.00 plus hst. To register, send an interac email transfer including hst to our email. Send us a separate email with the security answer. Our email is info@hookedonholistics.com. You may also register in store. Full Course Registration: You will be gifted Anthony's CD: "Ancient Journeys" featuring his flute music.

Prerequisite: No previous experience is needed. Please bring your Native American Flute. If you don't own one we have extras to lend you. Hooked on Holistics does have flutes for sale should you choose to purchase your own.

You will learn how to play the Native American Flute. You will learn to play exactly as the first flute was played over 10,000 years ago. Imagine closing your eyes and connecting with divine energies, letting go of control and ego and simply breathing divine breath into the flute. The music you play is like a prayer, the music is played in that moment and may never be played again. This music you play WILL change the vibration of the space around you. Playing is a wonderful form of meditation when you play without thought, when you simply play from your heart and therefore the Source.

Anthony uses the flutes as a healing medium during ceremony as the flute itself when played delivers a sonic sound frequency of 432 Hz. This frequency is said to be the "DNA Healing Frequency". Flutes are also tuned to 528 Hz said to be the "LOVE" frequency. When you play you will be receiving this healing as well. You will not learn music, you will be creating your own music. You will play not only for yourself, you will play for those around you and the angels. They do listen to your song and your prayer. All will feel the vibrational change. You will be taught the sacredness and history of the flute. At the end of the course you WILL be a flute player.

Sunday May 27

Playing Fundamentals: During this class you will learn the ceremonial blessing of the flute, we will call on divine energies to play through us. The flute is a divine instrument constructed from Mother Earth's natural resources. You first will learn to breathe into the flute and how the power of your breath changes the key and the pitch. You will also learn to use the holes to create notes and melodies.

Sunday June 3

Advanced Techniques: We will be creating a sacred space as we call on the angels and practice calling on them. You will know as you play when they are with you. You will be shown melody transitions you can create using your breath and the holes. You will learn advanced finger to hole transitions that create unique music. This is your time to create music and experiment.

Sunday June 10

Creating Music: "Solo and group". Flute Blessing and Angel calling ceremony. In this class you will be guided on how to create music in the moment and from your heart using all that you have learned so far. You will learn what flute keys join in duets harmoniously. Your solo will be performed in a circle with the other participants and their eyes closed. They will not know who is playing. We will then experiment with duets and group performance.



NOTES ABOUT READINGS WITH NEN:

1. Turkish Coffee Readings require you to drink bitter coffee, turn the cup over, allow the grounds to set, then Nen interprets the images. It covers up to 6 months and you can ask one question. A full reading takes about 30 minutes.
2. Card Readings are with Oracle de la Triade or Lenormand decks, two French mystical decks. A full 30-minute reading entails a 90-day period and you may ask 3 questions.
3. Astrology Readings can cover virtually any topic: karma, destiny, career, relationships, and health issues. A reading usually takes 30 minutes though complex questions taking us beyond that time may require an additional session.



Events Calendar

April & May 2018



- ♥ **Readings**
- ♥ **Workshops**
- ♥ **Wellness Sessions**

All readings, sessions and workshops will be held at our store located at 147 Highway 8, Unit 2, Stoney Creek, Ontario, L8G 1C1 (NW corner at Gray Road). Our telephone number is: 905-930-9799. Our email is: info@hookedonholistics.com.